



The Family Tree Spring 2017 Community Education Calendar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
A P R I L						1
	3	4 ●Flood Support Group	5 ●The Kintsugi Project	6	7	8
	10	11 ●Flood Support Group	12 ●Minority Health Awareness Event	13 ●TransParenting	14 Good Friday- Office Closed	15
	17	18 ●Flood Support Group	19 ●The Kintsugi Project	20 ●Rollercoasters	21	22
	24	25 ●Flood Support Group	26 ●Branching Out Crowley Location	27	28	29

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
M A Y	1	2 ●Flood Support Group ●Anger Choices #1	3 ●The Kintsugi Project	4	5	6 ●Family Fun Day
	8	9 ●Flood Support Group ●Anger Choices #2	10 ●Branching Out Crowley Location	11 ●TransParenting	12	13
	15	16 ●Flood Support Group ●Anger Choices #3	17 ●Branching Out Lafayette Location	18 ●Rollercoasters	19	20
	22	23 ●Flood Support Group ●Anger Choices #4	24	25	26	27

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
J U N E	29 (May) Memorial Day - Office Closed	30 (May) ●Flood Support Group ●Anger Choices #5	31 (May)	1	2	3
	5	6 ●Flood Support Group ●Anger Choices #6	7 ●Branching Out Lafayette Location	8 ●TransParenting	9	10
	12	13 ●Parenting Teens #1 ●Teens in Action #1 ●Flood Support Group	14 ●Branching Out Crowley Location	15 ●Rollercoasters	16	17
	19	20 ●Parenting Teens #2 ●Teens in Action #2 ●Flood Support Group	21	22 ●Lunch-n-Learn	23	24
	26	27 ●Parenting Teens #3 ●Teens in Action #3 ●Flood Support Group	28	29	30	

The Family Tree Community Education Classes



Classes are held at the Goodwill Community Training Center.

*These free Community Education classes are funded by a PACT United Grant from United Way of Acadiana.

☼These free community education classes are funded by the Family Law Section of the Lafayette Bar Association.

‡These free Community Education classes are funded by the Healthy Start Program

^This free support group is funded by the Community Foundation of Acadiana

BEST DADS: Nurturing Fathers Program* - \$10 Registration Fee. 6:00PM – 8:00PM Mondays

- This 10-week course will explore topics such as discipline & creative play, fathering sons & daughters, teamwork with spouse & co-parent, communication & problem-solving, and balancing work & fathering.

BEST MOMS: Nurturing Mothers Program - \$10 Registration Fee 6:00PM – 8:00PM Mondays.

- This 10-week program includes topics that address age- and stage specific aspects of child growth, parent/child communication skills, positive discipline, helping the child develop positive self-esteem, and dealing with stress.

Branching Out‡ (No Fee!)

1st Wednesday of every month (Lafayette) 11:00 a.m. to 12:30 & 2nd Wednesday of every month (Crowley) 1:00 p.m. to 2:30 p.m.

- Branching Out is a support group for moms that offers empowerment, support and therapeutic guidance in a peaceful setting. Branching Out works to nurture connections through moms and their children, one branch at a time. *Child care is provided.*

Anger Choices - Individual Series \$75/session – Group Sessions \$150

Individual Sessions scheduled per client's request – Group Sessions (6 week series) 6:00PM – 7:00PM Tuesdays

- Helps participants learn how to reduce and eliminate self-defeating and angry reactions. In these sessions, the participant will explore what defines anger and how to choose reactions that are less harmful to self and others. Both individual and small group sessions available.

Active Parenting of Teens* - \$10 Registration Fee 6:00PM – 8:00PM Tuesdays

- Do you want to have a better relationship with your teen and/or 'tween? If so, this 6-week education series is for you. This series focuses on effective discipline, teaching responsibility, and communication with teens and 'tweens. See the difference in your teens: improved grades, greater confidence, better behavior, and happier family life for all! Parent must enroll teen in Teens in Action class!

Teens in Action* - \$10 Registration Fee 6:00PM – 8:00PM Tuesdays

- This 6-week class is designed for use with kids ages 11-16. This workshop series will address the issues of self-image, emotion, communication, power struggles, and peer pressure in order to fully equip students with facing the challenges of school and community involvement. Parents must enroll in Active Parenting of Teens!

TransParenting - Formally "Children Cope with Divorce" Parents Only! (No children please) - - \$75 due at time of registration

5:30PM – 9:30PM 2nd Thursday of Every Month

- This 4-hour parent seminar is designed to help parents minimize the negative impact of divorce / separation on children. Parent workbook & companion website are included.

Rollercoasters☼ - \$10 Registration Fee 5:30PM – 7:30PM 3rd Thursday of Every Month

- This 2-hour program is offered as a supplement to TransParenting. It is designed for children who are experiencing parental separation and divorce, and includes three versions tailored to address the specific needs of participants. Primary curriculum for children ages 5-8. Intermediate curriculum for ages 9-12. Teen curriculum for ages 13 and up. Parents must register and attend Transparenting.

Flood Recovery Support Group^ (No Fee!) 4:00PM – 5:00PM Tuesdays

- FREE one hour support group for any adult who has been affected by the historic flooding that occurred in August 2016. Join us for an opportunity to connect with others experiencing similar circumstances, share your thoughts and feelings, and learn coping skills.

The Kintsugi Project: A Group for LGBTQ+ Survivors of Sexual Assault - \$20 per session

6:00PM-7:15PM 1st and 3rd Wednesday of Every Month

- A low-cost, specialized support for LGBTQ+ survivors of sexual assault. This new support group fosters positive, caring relationships in a safe and secure therapeutic atmosphere, allowing its members the time and support necessary to rebuild one's life.

All classes require registration and fee classes require pre-payment for registration.

Call with Visa/MC payment 337.981.2180, visit us in person at

The Family Tree • 2435 West Congress Street • Lafayette, LA 70506