



# The Family Tree Summer 2017 Community Education Calendar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>J U L Y</b>						1
	3	4 <i>4<sup>TH</sup> of July – Office Closed</i>	5 ● <i>Branching Out Lafayette Location</i>	6	7	8
	10 ●13RW Forum & Suicide Prevention Training	11 ●Parenting Teens #4 ●Teens in Action #4	12	13 ● <b>TransParenting</b>	14	15
	17 ● <b>Best Dads #1</b> ● <b>Best Moms #1</b>	18 ●Parenting Teens #5 ●Teens in Action #5	19	20 ● <b>Rollercoasters</b>	21	22
	24 ● <b>Best Dads #2</b> ● <b>Best Moms #2</b>	25 ●Parenting Teens #6 ●Teens in Action #6	26	27	28	29

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>A U G U S T</b>	31(July) ● <b>CAN</b> ● <b>Best Dads #3</b> ● <b>Best Moms #3</b>	1 ●Anger Choices #1	2 ● <i>Branching Out Lafayette Location</i>	3	4	5
	7 ● <b>Best Dads #4</b> ● <b>Best Moms #4</b>	8 ●Anger Choices #2	9 ● <b>Literacy Celebration</b>	10 ● <b>TransParenting</b>	11	12
	14 ● <b>Best Dads #5</b> ● <b>Best Moms #5</b>	15 ●Anger Choices #3	16	17 ● <b>Rollercoasters</b>	18	19
	21 ● <b>Best Dads #6</b> ● <b>Best Moms #6</b>	22 ●Anger Choices #4	23	24	25	26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>S E P T E M B E R</b>	28 (August) ● <b>Best Dads #7</b> ● <b>Best Moms #7</b>	29 (August) ●Anger Choices #5	30 (August)	31 (August)	1	2
	4 <i>Labor Day – Office Closed</i>	5 ● <b>Infant Mortality Awareness Event</b> ●Anger Choices #6	6 ● <i>Branching Out Lafayette Location</i>	7	8	9
	11 ● <b>Best Dads #8</b> ● <b>Best Moms #8</b>	12 ●Parenting Teens #1 ●Teens in Action #1	13 ● <i>Branching Out Crowley Location</i>	14 ● <b>TransParenting</b>	15	16
	18 ● <b>Best Dads #9</b> ● <b>Best Moms #9</b>	19 ●Parenting Teens #2 ●Teens in Action #2	20	21 ● <b>Rollercoasters</b>	22	23
	25 ● <b>Best Dads #10</b> ● <b>Best Moms #10</b>	26 ●Parenting Teens #3 ●Teens in Action #3	27	28	29	30

# The Family Tree Community Education Classes

Classes are held at the Goodwill Community Training Center.

\*These free Community Education classes are funded by a PACT United Grant from United Way of Acadiana.

☼These free community education classes are funded by the Family Law Section of the Lafayette Bar Association.

‡These free Community Education classes are funded by the Healthy Start Program

^This free support group is funded by the Community Foundation of Acadiana



## **BEST DADS: Nurturing Fathers Program\*** - \$10 Registration Fee. 6:00PM – 8:00PM Mondays

- This 10-week course will explore topics such as discipline & creative play, fathering sons & daughters, teamwork with spouse & co-parent, communication & problem-solving, and balancing work & fathering.

## **BEST MOMS: Nurturing Mothers Program** - \$10 Registration Fee 6:00PM – 8:00PM Mondays.

- This 10-week program includes topics that address age- and stage specific aspects of child growth, parent/child communication skills, positive discipline, helping the child develop positive self-esteem, and dealing with stress.

## **Branching Out‡ (No Fee!)**

1<sup>st</sup> Wednesday of every month (Lafayette) 11:00 a.m. to 12:30 p.m. & 2<sup>nd</sup> Wednesday of every month (Crowley) 1:00 p.m. to 2:30 p.m.

- Branching Out is a support group for moms that offers empowerment, support and therapeutic guidance in a peaceful setting. Branching Out works to nurture connections through moms and their children, one branch at a time. *Child care is provided.*

## **Anger Choices - Individual Series \$75/session – Group Sessions \$150**

Individual Sessions scheduled per client's request – Group Sessions (6 week series) 6:00PM – 7:00PM Tuesdays

- Helps participants learn how to reduce and eliminate self-defeating and angry reactions. In these sessions, the participant will explore what defines anger and how to choose reactions that are less harmful to self and others. Both individual and small group sessions available.

## **Active Parenting of Teens\*** - \$10 Registration Fee 6:00PM – 8:00PM Tuesdays

- Do you want to have a better relationship with your teen and/or 'tween? If so, this 6-week education series is for you. This series focuses on effective discipline, teaching responsibility, and communication with teens and 'tweens. See the difference in your teens: improved grades, greater confidence, better behavior, and happier family life for all! Parent must enroll teen in Teens in Action class!

## **Teens in Action\*** - \$10 Registration Fee 6:00PM – 8:00PM Tuesdays

- This 6-week class is designed for use with kids ages 11-16. This workshop series will address the issues of self-image, emotion, communication, power struggles, and peer pressure in order to fully equip students with facing the challenges of school and community involvement. Parents must enroll in Active Parenting of Teens!

## **TransParenting - Formally "Children Cope with Divorce" Parents Only! (No children please) - - \$75 due at time of registration**

5:30PM – 9:30PM 2<sup>nd</sup> Thursday of Every Month

- This 4-hour parent seminar is designed to help parents minimize the negative impact of divorce / separation on children. Parent workbook & companion website are included.

## **Rollercoasters☼** - \$10 Registration Fee 5:30PM – 7:30PM 3<sup>rd</sup> Thursday of Every Month

- This 2-hour program is offered as a supplement to TransParenting. It is designed for children who are experiencing parental separation and divorce, and includes three versions tailored to address the specific needs of participants. Primary curriculum for children ages 5-8. Intermediate curriculum for ages 9-12. Teen curriculum for ages 13 and up. Parents must register and attend Transparenting.

**All classes require registration and fee classes require pre-payment for registration.**

**Call with Visa/MC payment 337.981.2180, visit us in person at**

**The Family Tree • 2435 West Congress Street • Lafayette, LA 70506**