

March Madness Event



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--------|---------|---|--|-------------------------------------|--|
| For each class you attend, YOU move closer to the Grand Prize! | | | 1 | 2 | 3 | 4 9am Lourdes Fitness Center – PiYo (25 spots) |
| 5 | 6 | 7 | 8 5:45pm The Dailey Method (25 spots) | 9 | 10 | 11 9am Lourdes Fitness Center – TurboKick (25 spots) 4:00pm Om at Home Yoga (25 spots) |
| 12 | 13 | 14 | 15 5:45pm Yoga Garden (18 spots) | 16 | 17 | 18 9am Lourdes Fitness Center – PiYo (25 spots) 6pm Acadiana Roller Girls |
| 19 | 20 | 21 | 22 Embody Zest - Zestercise 10am & 5:30pm (12 Spots per class) | 23 Pure Barre (all classes offered today) 5:30am, 8:30am, 9:45am, 4:15pm, 5:30pm (20 Spots per class) | 24 | 25 9am Lourdes Fitness Center – TurboKick (25 spots) 4pm Heart & Swoll (unlimited) |
| 26 12:30pm Cycle Bar (50 spots) | 27 | 28 | 29 5:45pm Body Factory – GRIND (20 spots) | 30 | 31 12pm Down Dog Yoga (30 Spots) | Winner will be announced on April 8th |

Currently Participating Studios & Prizes:

1. **Lourdes** x4 – 3 month membership (\$160 value)
Registration Onsite
Website: <https://lourdesrhc.com/pages/specialty-clinics/lourdes-fitness-center.aspx>
2. **The Dailey Method** – 3 class pass (\$30 value)
Registration - <http://clients.mindbodyonline.com/ws.asp?studioid=179100&stype=-7>
Website - <http://www.thedaileymethod.com/studios/lafayette-la/overview/>
3. **Cycle Bar** – 3 ride pack (\$50 value)
[\\$10 Donate & Ride](#)
[\\$15 Donation ONLY](#)
[\\$25 Donation ONLY](#)
4. **Yoga Garden** – 10 class pass (\$90 value)
<https://clients.mindbodyonline.com/classic/ws?studioid=209739&stype=-104&sTG=60&sVT=95&sView=day&sLoc=0&date=03/15/17>
5. **Om at Home Yoga** – 5 class pass (\$65 value)
<https://clients.mindbodyonline.com/ASP/sui.asp?studioid=648500&tg=&vt=&lvl=&stype=-98&view=&trn=0&page=&catid=&prodid=&date=1%2f24%2f2017&classid=0&prodGroupId=&sSU=&optForwardingLink=&qParam=&justloggedin=&nLgIn=&pMode=0&loc=1>
6. **Down Dog Yoga** - \$50 gift card towards classes + decal
<https://clients.mindbodyonline.com/classic/ws?studioid=279545&stype=-7&sTG=22&sVT=8&sView=day&sLoc=1&sTrn=4&date=03/31/17>
7. **Heart & Swoll** – six week session package (\$50 value)
Registration Onsite
Website: www.heartandswoll.com
8. **Pure Barre** x5 – 5 class pack + pair of socks (\$117 value)
Below is the link to purchase the \$10 class:
<https://clients.mindbodyonline.com/classic/ws?studioid=223088&stype=41&sTG=22&prodId=12188>
Below is the link to schedule on March 23rd:
<https://clients.mindbodyonline.com/classic/ws?studioid=223088&stype=-7&sTG=22&sView=day&sLoc=0&date=03/23/17>
9. **Body Factory** – 5 session package (\$95 value)
Registration Onsite
Website: <http://bodyfactorylft.com/>
10. **Embody Zest** – Private Pilates session for you and a friend (\$60 value)
<https://clients.mindbodyonline.com/classic/ws?studioid=591260&stype=-7&sTG=22&sVT=8&sView=day&sLoc=0&date=03/22/17>
11. Sponsor: Acadiana Roller Girls
Website: <http://www.acadianarollergirls.com/>
12. Sponsor: Endorphine
 - a. Website: <http://www.shopendorphine.com/>